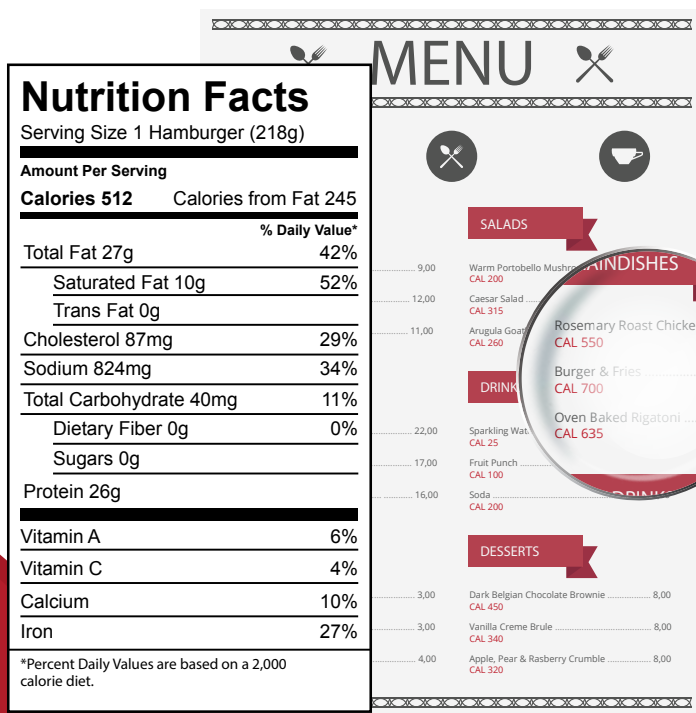


# The Healthy Menu Choices Act is Now In Effect

## Who Needs to Comply?

As of January 1, 2017, food service providers with 20+ locations will be required to provide their customers with specific calorie information, in a concise and accessible manner, for most food and drink to be consumed or taken away, so that these customers can make informed and, ideally, more healthy decisions.



### Nutrition Facts

Serving Size 1 Hamburger (218g)

Amount Per Serving

**Calories 512**    Calories from Fat 245

	% Daily Value*
Total Fat 27g	42%
Saturated Fat 10g	52%
Trans Fat 0g	
Cholesterol 87mg	29%
Sodium 824mg	34%
Total Carbohydrate 40mg	11%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 26g	
Vitamin A	6%
Vitamin C	4%
Calcium	10%
Iron	27%

\*Percent Daily Values are based on a 2,000 calorie diet.

## MENU

SALADS

- Warm Portobello Mushroom Salad ..... 9,00 CAL 200
- Caesar Salad ..... 12,00 CAL 315
- Anugula Goat Cheese Salad ..... 11,00 CAL 250

DRINK

- Sparkling Water ..... 22,00 CAL 25
- Fruit Punch ..... 17,00 CAL 100
- Soda ..... 16,00 CAL 200

DESSERTS

- Dark Belgian Chocolate Brownie ..... 8,00 CAL 450
- Vanilla Creme Brulee ..... 8,00 CAL 340
- Apple, Pear & Raspberry Crumble ..... 8,00 CAL 320

## How MenuSano Helps



**Cost Effective** - MenuSano is a cost-effective do-it-yourself tool. You no longer need to send out your recipes to an expensive 3rd party agency for nutritional analysis.



**Flexible** - MenuSano allows you to experiment with ingredients to make a dish healthier



**Easy to Use** - MenuSano is designed for restaurants. Furthermore, MenuSano has been tested with restaurants, hospitals, and with Toronto & Ottawa public health and the feedback has been excellent.



**Unlimited** - With a MenuSano subscription, enter unlimited recipes and create unlimited nutrition labels and menus.

Visit [MenuSano.com](http://MenuSano.com) for more information or to begin your **free trial**.